Ashley Bass earned her doctorate in physical therapy from the University of Maryland, Baltimore School of Medicine in 2014. Prior to that she earned her bachelor's degree from the University of North Carolina at Greensboro where she double majored in performance dance and exercise and sport science.

Ashley is a skilled clinician and has focused her post graduate continuing education training in the areas of orthopedics, temporomandibular and cervical spine management, as well and the treatment of performing artists. Ashley has worked in outpatient orthopedic practices across the east coast and mid-west. She dedicates her practice to treating patients of diverse backgrounds. She ventured into clinic management and developed a cross marketing campaign to increase new patient volume and revenue.

Ashley joined SWORD as a physical therapist in August of 2020 and has since transitioned into a clinical specialist role. With this new platform, Ashley has been able to elevate awareness for the physical therapy profession in the treatment of MSK conditions as well as maintain her goal of providing quality care to individuals to restore their prior level of function and quality of life.