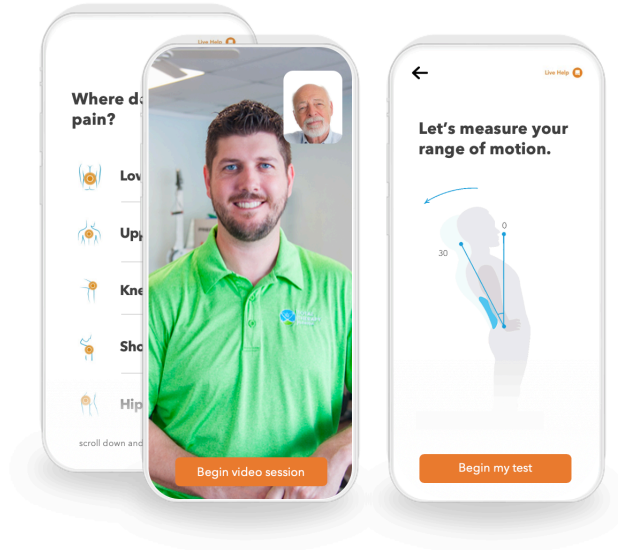


More time, more attention, less money

Remote care and monitoring for musculoskeletal disorders

Research demonstrates that traditional physical therapy is difficult to access, time consuming, and costly.

With SimpleTherapy, individuals receive direct access to a high-quality physical therapist that performs a video-based functional assessment and training session with you. A personalized plan of care is tailored to your needs and the SimpleTherapy app makes following your recommended exercises easy so you can progress to pain relief.



Custom, at-home care plans



Highest quality providers



90% less expensive



Common Conditions

- Lower Back Pain
- Knee Pain
- Shoulder Pain
- Neck Pain
- Arthritis
- Wrist Pain
- Sciatica Pain
- **Plus Hundreds More**