



ValidationInstitute

2021 Validation Report

Review for: Apta Health

Validation Achieved: Level 1 - Savings

Valid through March 2022



Company Profile



Category:	Care Coordination
Website:	http://www.apta-health.com
Public or Private:	Private
Year Established:	2014
CEO:	Michael E. Poelman
Company contact:	info@apta-health.com

Description:

Apta Health's revolutionary approach to healthcare insurance programs supports both employers and employees with a self-funded plan centered around true care coordination. With expert vendors and partnerships around the nation, **Apta Health's** highly-researched product provides cutting-edge, Fortune 500 benefits and cost-saving solutions that bend the trend of uncontrollable healthcare spending for mid-sized companies.





Claim Assertion for Validation

Groups that use Apta's care coordination services have year-to-year health cost rate increases that are lower than the industry average.

Method / Calculation / Examples

The analysis calculated the Per Employee Per Month (PEPM) medical and pharmacy costs for a 12-month baseline period before Apta services began, and for two later 12-month periods. The percentage increase from one year to the next was calculated and compared to industry averages.





Findings & Validation

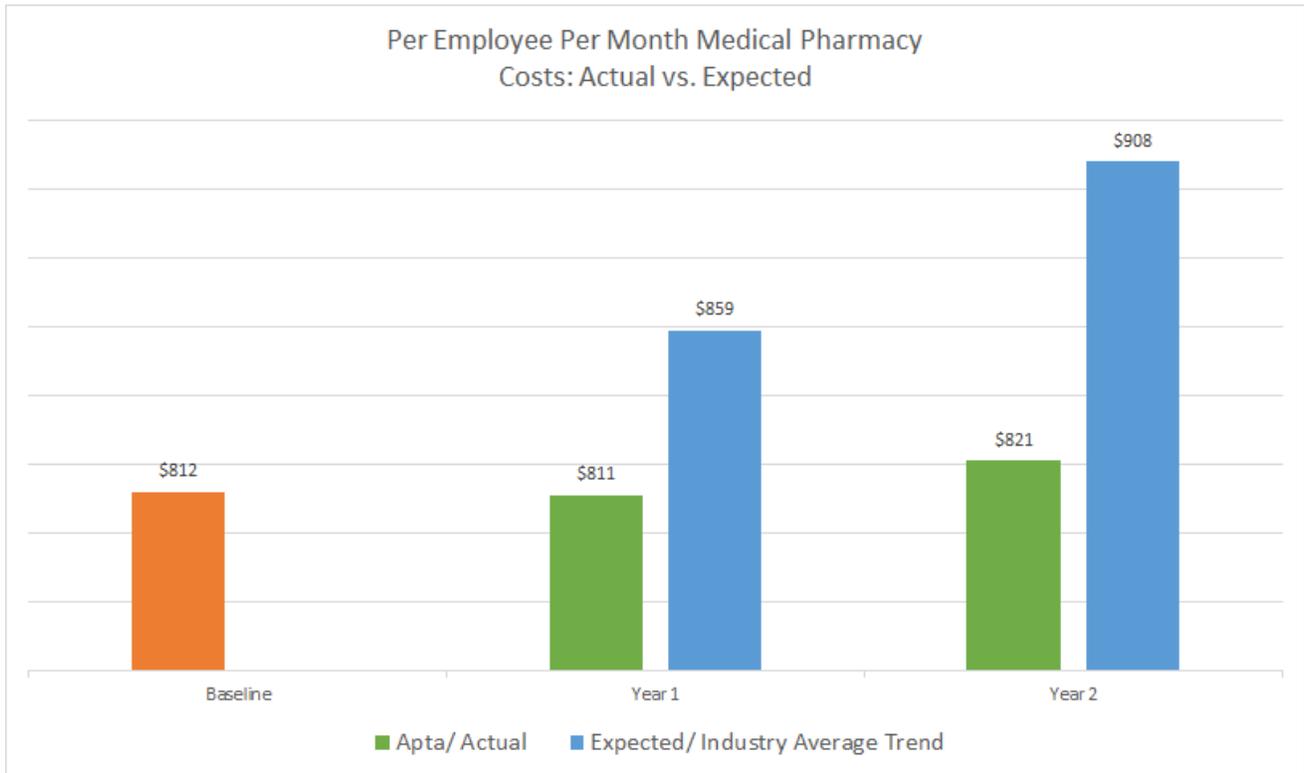


Chart 1

Chart 1 shows Apta Health clients’ actual PEPM medical and pharmacy costs from a baseline year and two subsequent years. The industry trend shows what the PEPM would have been if Apta clients’ costs had risen by the industry average trend for the same time periods. The difference between actual costs and the industry average increase in year 1 is \$48 and in year 2 is \$87.



Limitations

Forty percent of Year Two months were during year 2020, during which use of medical services decreased. This widespread phenomenon may explain part of the Year Two results, though the industry average trend does take into account pandemic time periods.



Validation and Credibility Guarantee

Apta Health has achieved a level 1 – Savings validation. Validation Institute is willing to provide up to a \$25,000 guarantee as part of their Credibility Guarantee Program. To learn more, visit

<https://validationinstitute.com/credibility-guarantee/>

Level 1 - Savings

Can produce a reduction of health care spend including the cost of the provider. Product/solution has produced, and replicated a lower cost for healthcare overall or a specific component of healthcare

Level 2 - Outcomes

Product/solution has measurably “moved the needle” on an outcome (risk, hba1c, events, employee retention, etc.) of importance.

Level 3 - Contractual Integrity

No outcomes or savings has been shown, but vendor is willing to put a part of their fees “at risk” as a guarantee

Level 4 - Metrics

Claim is made that – with sourced, overridable assumptions linked to peer-reviewed or government sources





Validation Expiration: March 2022

CERTIFICATE OF VALIDATION

Applicant:

Apta Health

11755 E. Peakview Ave Suite 250
Englewood, Colorado, 80111

Product:

Apta's Care Coordination Service

Claim:

Groups that use Apta's care coordination services have year-to-year health cost rate increases that are lower than the industry average.

Validation Achieved:

Level 1 - Validated for Savings

Linda K. Riddell, MS
VP, Population Health Scientist
Validation Institute

Benny DiCecca
Chief Executive Officer
Validation Institute



About Validation Institute

Validation Institute is a professional community that advocates for organizations and approaches that deliver better health value - stronger health outcomes at lower cost. We connect, train, and certify health care purchasers, and we validate and connect providers delivering superior results. Founded in 2014, the mission of the organization has consistently been to help provide transparency to buyers of healthcare.