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# A Happy, Whole Life

At Happy Whole Human, we know you want to build a successful company through thriving employees. You know employee wellness is essential for employee engagement. However, unlike productivity, you have no reliable way of measuring, tracking and improving employee wellness. Missing the data you know you need, you're concerned about your people and the future of your company. The pressure is so intense.

What if you could reliably and quantifiably measure wellness?

We understand how overwhelming it is want to improve but not have the information, training or resources to do it. That's why we are helping companies and leaders like you all across the world to transform their organizations using the Happy Whole Human program created by Dr. Lisa Leit.

Developed over 7 years, this scientifically validated and evidence-based program allows corporate leadership to objectively, and reliably measure employee wellness and improve it. A university study reported measurable improvement in virtually all 28 dimensions of wellness, including employee engagement, all in less than 90 days within the program.

Here's how the program works:

- 1. Calculation:** We start with the scientifically-validated wellness assessment for the company or a desired subset. You'll receive the wellness data and KPI correlations in an aggregate report. You'll finally have the data you need.
- 2. Education:** We train your leaders and managers on proven strategies to simultaneously improve employee wellness, increase collaboration, and boost productivity. We also give your employees access to an online program to improve their own wellness.
- 3. Transformation:** In as little as 45 days you will notice an remarkable difference. Your people will get their spark back! Then, using routine assessments, you will see a meaningful, measurable, and lasting improvement throughout the company.

Schedule your free consultation today. You can also take the assessment and get your free team report, so you can stop worrying about the future of your company and give your company a new life and vibrance.