

Kirsten currently works with benefits design and strategy for the health benefit plans for the TD active colleagues and retiree populations. Those plans span medical, dental, vision, and life insurance for approximately 30,000 active colleagues.

Kirsten was a Benefit Strategy, Sr Advisor for CVS Caremark from 2009 through 2019 where she worked on managing several complex vendors, led benefits-related mergers and acquisition activity for several deals ranging in size from several hundred to thousands, acted as lead for the Open Enrollment activities, and the benefits lead for the implementation of a new benefits administration system.

Prior to working with CVS Caremark, Kirsten was a Benefits Manager for a small company and spent some time with Cigna Healthcare where she built her foundational knowledge for healthcare and the healthcare system. In each of her roles, she has demonstrated her broad experience in health and welfare benefits management, policy development, training, and benefits harmonization.

Kirsten is passionate about her family, she is married with two children and several pets. She loves traveling and outdoor activities but when she is not working, she can most likely be found on a sports field watching her boys.