

Liz comes from upstate New York where she has spent the last 25 years in corporate banking and the Fin Tech space. Her experience includes sales, setup and implementation of online systems serving an array of different industries of all sizes including large corporations, non-for-profits and government agencies. As a Facilitator for CommUnity Meetings, she brings her experience into the support groups providing education about addiction, learning coping mechanisms and provides support and understanding. Outside of her career, Liz has made helping people and her community a priority. She served on the Board of her local chapter of the American Red Cross and other community boards to stay engaged and to offer assistance and expertise where needed. Liz has a passion for helping people achieve sobriety and living their best life. She is also a travel enthusiast having traveled over a dozen countries. She also has an affection for hiking and loves to adventure out in the 3 separate yet close mountain ranges. She has her Master's Degree from SUNY Albany in Business Administration.