

Dr. Church is one of the country's leading clinical thought leaders in exercise and obesity research. As the author of more than 300 published clinical articles, Dr. Church has received numerous awards for his research in preventive health. He helps lead the development of the Wondr Health curriculum, which is inspired by his medical expertise. Specializing in business-to-business strategies, Dr. Church is an advocate for the employer and has a proven track record of empowering organizations through disease prevention to decrease health-care costs and inspire employees to be their best selves.