

Dr. Katherine H. Saunders is a leading expert in Obesity Medicine. Dr. Saunders co-founded Intellihealth, a software and clinical services company scaling and democratizing access to comprehensive medical obesity treatment. She practices at Intellihealth's clinical services affiliate, Flyte Medical, and she is on faculty at Weill Cornell Medicine, where she teaches and precepts. Dr. Saunders is a diplomate of the American Board of Internal Medicine and the American Board of Obesity Medicine. She hosts the *Weight Matters* podcast with Dr. Louis Aronne, she regularly speaks at international conferences, and she publishes extensively on Obesity Medicine and weight management. Dr. Saunders has authored more than 50 peer-reviewed articles and book chapters. Her recent awards and recognition include the Women at Weill Investment Competition, Brown Brothers Harriman 22 Women to Watch in 2022, Medika Life Top 30 Influencers Transforming Wellness in 2023 and the Health Innovators' Top Health Innovators to Watch in 2023.