Al wears multiple hats, and not just to cover his bald spot. He's an author whose critically-acclaimed bestseller on outcomes measurement, Why Nobody Believes the Numbers, was named 2012 healthcare book of the year in Forbes. Cracking Health Costs: How to Cut Your Company's Health Costs and Provide Employees Better Care, released in 2013, was also a trade bestseller. His 2014 book Surviving Workplace Wellness, co-authored with Vik Khanna, has also received accolades, with excerpts appearing in the Harvard Business Review and elsewhere.

As a consultant, he is widely acclaimed for his expertise in population health outcomes and strategy. In 2013, Al was named one of the "unsung heroes changing healthcare forever". As a validator of outcomes, he has been able to obtain Gold Standard certification for many of his clients, and Quizzify, from Intel's Validation Institute. He is also one of the population health field's most-acclaimed speakers, as well as a prolific author and interviewee on outcomes economics, having been featured in almost every major lay and healthcare publication.

Before entering the population health field, Al was a partner at Bain & Company. He holds two degrees from Harvard, where he also taught economics, and his economic policy book was made into a show on the Washington, DC NPR affiliate.

But he still can't get his kids to clean up their rooms.