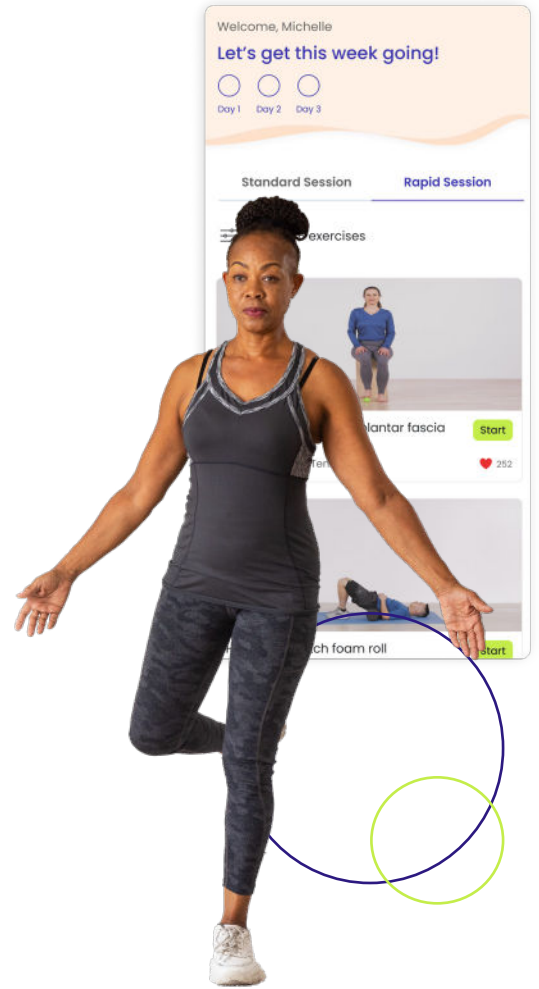




Evidence-based MSK care. Better outcomes. Lower cost.

Reimagine musculoskeletal care for your population with RecoveryOne.™

The MSK problem is too big to ignore.



Introducing RecoveryOne.

With the industry's strongest clinical pedigree, frictionless technology, flexible integration capabilities, and unrivaled personalization, RecoveryOne makes MSK care more effective for your population and less expensive for you.

✔ Virtual MSK care navigation

Members get faster access to professional guidance, navigating them to the right care at the right time, improving outcomes and reducing costs.

✔ Convenient physical therapy

With over 225 evidence-based physical therapy programs, each member gets a personalized care plan and access to exercise therapy to recover anytime, anywhere.

✔ A coordinated care team

With a dedicated physical therapist and certified health coach, every member has the physical and behavioral support they need for a successful recovery.

RESULTS

High-impact savings.

- ✔ \$2100 per episode⁴
- ✔ \$53 PMPM⁴

Based on an independent claims analysis from a leading U.S. national insurer.

Proven clinical results.

- ✔ 51% of members express decreased surgery intent⁵
- ✔ 37% of members report less opioid usage⁵
- ✔ 62% improvement in function⁶
- ✔ 44% reduction in pain⁶



The RecoveryOne difference.

✓ **The industry's strongest clinical backbone.**

Each one of our 225+ exercise therapy programs is built and independently reviewed using evidence-based research and the most up-to-date physical therapy best practices.

✓ **Programs that are never cookie-cutter.**

Our technology and processes support continuous program adaptation and personalization, so members never get a generic, "off-the-shelf" experience.

✓ **Technology without friction.**

Members get real-time feedback from our motion-tracking technology, Motion Trainer, using just the camera on their device — no bulky sensors required.

✓ **An integrated experience.**

Our solution is designed to integrate with your existing care ecosystem for a cohesive member experience, free from the frustrations of point solutions.

Exceptional engagement drives superior outcomes.

RecoveryOne keeps members engaged throughout their recovery with 1-on-1 health coaching, progress tracking, real-time motion tracking, and an empowered product experience.



Want to save on MSK?

Let's talk about how we can work together to reduce MSK expenses and improve the health of your population.

Visit recoveryone.com to learn more.

1 Musculoskeletal Diseases and the Burden the Cause in the United States." The Burden of Musculoskeletal Diseases in the United States. The United States Bone and Joint Initiative, <https://www.boneandjointburden.org/>.

2 Dieleman, J. L., Cao, J., Chapin, A., et al. US Health Care Spending by Payer and Health Condition, 1996–2016. JAMA, 2020, 323(9):863–884. doi:10.1001/jama.2020.073

3 RecoveryOne internal analysis of industry data.

4 24-month+ claims analysis by a U.S. national insurer leveraging claims data of 3.5m+ members.

5 RecoveryOne member data (self reported). Users who have initially engaged and have at least 1 baseline and 1 follow-up survey answered from March 1, 2021 – April 6, 2022.

6 RecoveryOne member survey data from Jan 2020 – May 2022.

7 RecoveryOne user data sourced from product

8 RecoveryOne internal data